

The St John DRABC Action Plan is a vital aid to the first aider in assessing whether the casualty has any life-threatening conditions and if any immediate first aid is necessary.



DRABC

D check for **DANGER**

- ▶ to you
- ▶ to others
- ▶ to casualty

R check **RESPONSE**

- ▶ is casualty conscious?
- ▶ is casualty unconscious?

A check **AIRWAY**

- ▶ is airway clear of objects?
- ▶ is airway open?

B check for **BREATHING**

- ▶ is chest rising and falling?
- ▶ can you hear casualty's breathing?
- ▶ can you feel the breath on your cheek?

C check for signs of **CIRCULATION**

- ▶ can you see obvious signs of life—any movement, including swallowing and breathing?
- ▶ observe colour of skin on face
- ▶ can you feel a pulse?